



WEST HANTS MIDDLE SCHOOL

902-757-4100

www.whms.ednet.ns.ca

whms@avrsb.ca



APRIL
2017



Mrs. Wallace-Principal, Mr. Miller-Vice Principal, Mr. States-Vice Principal

PRINCIPAL'S MESSAGE

School days at WHMS have become very fast paced with a lot of activities happening each day. As I write this message we are in the middle of Spring Fever Week. This was organized by our PASTE Leadership students and involved all classes in the school. There are theme days and each class is encouraged to participate as a group in a variety of events. PASTE students also held a Bake Sale last week to help the Food Bank and offered welcome and directions on Parent/Teacher Night.

Thanks to Mrs. Davies, a number of students in our school have the opportunity to participate in the Caribou Math Contest. They write tests a number of times during this school year and get scored and ranked school-wide, provincially, nationally and given a world ranking.

Assuming we are finally finished with the snow, we will be hosting a dance on April 12 and 27th this month. Students are invited to wear their school t-shirt on the April 12th Dance and receive \$1 off admission.

Mr. Reid is preparing the Grade 7 and Grade 8 Bands for the Annual Music Festival. They will travel next week on Wednesday and Thursday respectively and show off their talents for judging! Brunch with the Band is scheduled for April 29 at Avon View High School. It is a great time to see how the Band Program progresses from Grade 7 through to Grade 12, along with getting a wonderful breakfast.

There are Science Fair Projects to be judged, Math Trips, MADD Presentation, Grade level assemblies, Gr. 8 photos, all before the end of April.

Student Teachers – We currently have seven student teachers in our school. They work closely with their cooperating teacher and take part in all school events. They are a great addition to our school culture.

Turnaround Awards – Every year, Terra Firma sponsors this event for students in Gr. 6-12 in the West Hants area. Staff are asked to select a student from each grade level that has faced significant challenges in their lives, but have been able to demonstrate resilience and work towards a better life. On April 10th, we celebrated seven students from the West Hants area. The students selected were: Ethan Schnare-Mullen(Gr. 6), Braeden Reade (Gr. 7), Hunter Saunders (Gr. 8), Shiane Rehburg (Gr. 10), Traykiea Grandy (Gr. 11), Garrett Nathan Tines (Gr. 12), and Jessica Osmond (Gr. 11 WHEC).

During the Turnaround Awards Mr. Rob Davies was also presented with the Teacher Turnaround Achievement Award for his role in supporting students and his ability to help all students strive to better their lives.

Congratulations to all students and Mr. Davies for their awards, we are very proud of you!!

Early Dismissals – May 16 & June 9 Early Dismissals have both been canceled.



BUS NOTES

Please keep in mind that West Hants Middle School still has a NO NOTE BUS POLICY. Therefore, students should be travelling home on their regular bus.

PICKING UP A STUDENT

When picking up a student at the end of the day and you are waiting outside for them please make sure that either you sign them out or have your child sign themselves out if you have called and told us.

REMINDER TO STUDENT/PARENT

Student feeling ill while they are in school **should not** be texting their parents to come get them. The procedure is to come to the office and have one of the secretaries make the call home for them.

Upcoming Events

April 10-13 Spring Fever Week
April 12 - School Dance 7-9
April 12 - Grade Level Assemblies
April 14 - No School – Good Friday
April 17 - No School – Easter Monday
April 19 - Music Festival – Grade 7 Band
April 19 - MADD Presentation for Gr. 7 & 8
April 20 - Music Festival – Grade 8 Band
April 24 - Full School Assembly
April 24 - Home & School Meeting 6:30pm
April 27 - Gr. 8 Photos
April 27– Dance 7-9
April 29 - Brunch with The Bands@ AVHS
May 1 - Science Club Trip
May 8 - In-service Day, No School
May 22 - No School – Victoria Day
May 25 - Dance 7-9
June 7 - Grade 7 Immunizations
June 15 - Dance 7-9
June 27 - No School – Marking Day
June 28 - No School – Marking Day
June 29 - No School – Marking Day
June 30 - Last Day-Early Dismissal 12:20

A reminder to all Parents/Guardians

When dropping off a student after 9:05 please do one of the following: come into the office to sign them in, send a note in with them or so call us so they do not get marked Unexcused.

Also please do not send in a note regarding any student other than your own as we cannot accept them.

ABSENT LINE

If your child is not coming to school or sick than please call our absent line at 902-757-4100 press “1” and clearly state your name, your child’s full name, their homeroom and teacher and the reason for the

2016 POSTER AND LITERARY CONTEST

We are pleased to inform you that the following students were winners at the Branch Level with the Royal Canadian Legion Poster and Literary Contest:

Ainslie Gibbon placed First in the Junior Essay category;

Owen Parr placed Second in the Junior Essay category

Autumn Fletcher placed First in the Junior Poems

Rachel Young placed Second in the Junior Poems category, she also placed Second at the Provincial Level

Casey Wood placed First in the Intermediate Poems category

Blake Brown placed Second in the Intermediate Poems category

Jillian Beaver placed First in the Junior Black and White Poster category, she also placed First at the Provincial Level

Aubreyana Taylor placed Second in the Junior Black and White Poster category

Arianna Cutler placed First in the Junior Color Poster category, she also placed First at the Provincial Level

Emma Tattrie placed Second in the Junior Color Poster category

Jesse Niet placed First in the Intermediate Color Poster category and Intermediate Black and White Poster Category.

Spring Fever

WEEK

West Hants Middle School will be having "SPRING FEVER WEEK" next week. Each day will be a theme as follows:

| | Day 2 | Day 3 | Day 4 | Day 5 |
|--------------|---|---|--|--|
| | Mon., April 10 | Tues., April 11 | Wed., April 12 | Thurs., April 13 |
| Theme | PJ and/or Crazy Hair Day <i>Stay comfy all day long</i> | Twin Day <i>Find a friend, and "twin it" for the day!</i> | Retro Day <i>Dig out the great styles of the past!</i> | Fan Day <i>Wear your favorite team jersey or simply create your own!</i> |

Spring Fever Dance, Wednesday April 12th, 7:00-9:00!! – Wear your West Hants T-Shirt and get \$1 off you dance admittance fee.

The Class with the most participates at the end of the week win a 6 foot sub for their class.

PARENT/STUDENT PORTAL ACCOUNT

It is extremely important that you support your child's education and the Parent portal allows you to monitor many aspects of your child's school. Student achievement information is now presented with a greater emphasis on the individual assessments and course outcomes for the entire course. An improved user experience is now in place for parents and students to view information related to assessments and outcomes. Information on attendance, late work, missing work, and achievement are all available to encourage ongoing communication and the improvement of student achievement.

Any parent who has not previously created a portal account can email the main office at whms@avrsb.ca to request portal information. This information will then be emailed to you.

Any parent who had previously created a parent/student portal account, and is having issues signing in, please call the school for help.

PLEASE NOTE THAT THE PORTAL APP IS SHUTDOWN FOR REPORT CARD TIME BUT YOU CAN STILL USE THE FULL SITE TO VIEW THE PORTAL.



BREAKFAST PROGRAM

Our breakfast program is a great program used very frequently by our students. Donations of breakfast items such as fruit, whole grain, cereal, breakfast bars, juice, yogurt, cheese, paper bowls, Dixie cups and plastic spoons are greatly appreciated.

WEST HANTS MIDDLE SCHOOL SHOP!

West Hants Middle School has an online Saber Sway for you to have the opportunity to show your Saber Spirit. You can now order your own Saber Swag ONLINE and have it delivered to your door. Shipping is free in Canada! You can check out this website at:

<http://westhantssabers.entripyshops.com/>, there is also a link on the school webpage: <http://www.whms.ednet.ns.ca/>. Check out the great selection and follow us on Twitter at @WHMidSch.



FAMILY STUDIES



The West Hants Middle School **Family Studies** programs are looking for donations.

Clothing and Textiles 7 could make use of needles, pins, thread, fabric and other sewing supplies.

Grade 8 Foods and Nutrition students are in need of kitchen equipment such as utensils, measuring devices and small appliances like blenders and electric skillets. Thank you for supporting our Family Studies program.



THE BREAD RUN

The Bread Run Organizing Committee are pleased that we are able to offer the 4th annual Bread Run. This event was thoughtfully organized by a group of local runners wanting to give back to their community. Our kids run will take place the evening of Friday May 12th at the Brooklyn Civic Centre. The Bread Run offers both 5k and 10k race options, on Saturday May 13th. There will be a registration fee for all entrants. Each year we choose a non-profit organization to donate all of our proceeds to that focus on helping kids participate in living a healthy and active lifestyle through sports in the community. This year all proceeds will be donated to Jumpstart. For more information find us on Facebook (The Bread Run 5 and 10 K) or google The Bread Run 2017.

WHMS MUSIC

Out with the snow and in with the music, we have a busy spring of music making ahead of us! A music newsletter full of information will be coming home the week of April 3rd. This can also be viewed online at mrreidsite.weebly.com

Important Dates

| Date | Time | Event |
|----------------------------------|-------------------|--|
| Monday April 10 th | 7:00pm | BPA meeting at WHMS |
| Tuesday April 11 th | ----- | Festival Consent Forms Due (Gr 7 and Gr 8 Bands) |
| Wednesday April 19 th | 3:30pm | Gr. 7 Band performs the A. Valley Music Festival |
| Thursday April 20 th | 2:00pm | Gr. 8 Band performs the A. Valley Music Festival |
| Saturday April 29 th | 9:00am to 11:00am | Brunch With The Bands at AVHS |
| May 23 rd | 7:00pm | Spring Concert: All Bands including Gr 6. Lab Band |

2017 FRENCH SUMMER CAMPS

| | | |
|--|---|---|
|  <p>Nautical Camp- Magdelan Islands July 9-15, Grades 6-9 French Immersion Nautical campers stay at the beautiful Centre Nautique de l'Istorlet. They are immersed in the culture and language of the islands while enjoying activities such as sailing, windsurfing, swimming, cycling and canoeing.</p> |  <p>Sea Kayaking Camp- Magdelan Islands July 9-15, Grades 9-12 French Immersion Campers go on a five-day wilderness adventure accompanied by the professional staff of Centre Nautique de l'Istorlet. They will discover birds, whales and seal colonies while exploring caves, cliffs and tunnels by day, camping on the sand dunes at night.</p> | <p>FrancoForum July 3-7 Grades 8-12 St Pierre, France Core French, IB & French Immersion Campers will stay with homestay families, learn about the unique culture of the French island, and return home with a stamp in their passports. International experience at the FrancoForum, St Pierre.</p> |
|  <p>Camp de la Baie August 20-26, Aug 27-Sept 1, Grades 4-8 Core French & French Immersion A thirty minute drive from the Armdale Rotary, Camp de la Baie is located in Sambro Head. Campers stay in one of seven heated cabins in Spruce Grove Village. Activities will include swimming, soccer, basketball, canoeing, gaga ball, hiking, drama, and arts and crafts.</p> | <p>Imagine having all of the fun of summer camp "en français"! Call our Branch Office for more information at: 902-453-2048 Or e-mail: Cpf@ns.sympatico.ca</p> |  <p>Camp Artistique Porters Lake, Digby County Aug. 7-11, Grades 4-6 Core French & French Immersion Camp Fran-tastique is located in Barton, Digby County. Set on the shores of Porters Lake, Camp Fran-tastique offers swimming, sports, crafts and games. Campers sleep in cabins with an assigned counsellor.</p> |

Promoting opportunities for young Canadians to learn and use French

Come Join Edalene Theatre for an Amazing Summer Intensive Camp!

This year we are doing the amazing Broadway hit- ***The Addams Family!***

Based on the comic strip and later tv show and movies, this musical by Lippa, Brickman and Elice sees our beloved Addams Family on the brink of change.

Camp will be offered for students 10-18 and run from August 7th– August 25th. During this camp the students will be trained in dance, music and theatre technique while rehearsing for a full scale musical production.

All who audition will be accepted. However, if you would like to come to camp and be part of the chorus, no audition is required, just fill out a registration form.

If you are interested in auditioning, please email kerri@edalenetheatre.ca or go to www.edalenetheatre.ca



NEWPORT ARENA SKATE

Mary Poppins on Ice –Sunday April 23 at 3:00pm at the Newport Arena in Brooklyn. Come out and enjoy some fun for the whole family, and support our local skating club. Skaters from ages 3 and up will be participating in this whimsical production of a great classic. Advance tickets \$7.50 (On sale starting April 1st at the rink Saturdays 9am to 1pm and Wednesdays 5-8pm). Tickets at the door are \$10. We also have a bake table, surprise bags and much more. We hope to see you there!!



Valley District Soccer Association
Presents
The Kick-Start to Summer Program
For players born 2004-2010

Get the early jump and competitive edge on this year’s summer soccer, as the VDSA, under the leadership of its technical director, Martin Vlk, presents “kick-start to summer” programming for players born in 2004-2010.

Each program will be designed as per the long term player development plan for that age group.

| |
|---|
| <p>2009-2010—Fundamentals: Program will be run once a week on Tuesdays from 5-6 pm—starting on April 4 and will run for 4 weeks. Cost is 50.00 per player</p> |
| <p>2007-2008—Learning to Train: Program will be run twice a week on Tuesdays from 6-7 pm and Thursdays from 5-6 pm—starting on April 4 and will run for 4 weeks. Cost is 80.00 per player</p> |
| <p>2004, 2005 and 2006---Learning to Train: Program will be run twice a week on Tuesdays from 7-8 pm and Thursdays from 6-7 pm--- starting on April 4 and will run for 4 weeks. Cost is 80.00 per player</p> |

Please fill out the form below and drop off at Indoor Facility, mail to Box 144, Kentville, B4N-3W4 or e-mail form to vdsadirector@ns.aliantzinc.ca

Name _____ Date of Birth _____

Parent(s) Name _____ Phone _____

Address _____

E-mail _____



9TH ANNUAL YOUTH FUN RUN

SATURDAY, MAY 6

14- WING GREENWOOD FITNESS TRAIL

AGES 5-15 2km, 4km 1km family fun loop

Registration forms are available at your school and local recreation departments. Register by April 14 to be guaranteed a t-shirt include a t-shirt \$10 per runner

Run starts at 11:00 a.m. (rain or shine)

Registration: 9:30 a.m.-10:30 a.m

*note: family fun loop is free and does not



Valley United Tryout Schedule – Spring 2017
Tryout Fee - \$20

| | |
|--|---|
| <p align="center">Under 9A/10A Girls & Boys (U-9 2008, U-10 2007) Week of April 17th <i>Information on assessments for this age group will follow separately</i></p> | <p align="center">Under 11A Girls - 2006 (Raymond) Monday, April 3rd 6:00-7:30 Monday, April 10th 6:00-7:00</p> |
| <p align="center">Under 11A Boys - 2006 (Raymond) Monday, April 3rd 6:00-7:30 Wednesday, April 12th 6:00-7:00</p> | <p align="center">Under 12A Girls 2005 (Indoor Facility) Tuesday, March 28th 5:00-6:30 Thursday, March 30th 6:00-7:00</p> |
| <p align="center">Under 12A Boys - 2005 (Indoor Facility) Tuesday, March 28th 6:30-8:00 Thursday, March 30th 5:00-6:00</p> | <p align="center">Under 13 AA Girls - 2004 (Raymond) Wednesday, April 5th 6:00-7:30pm Thursday, April 13th 6:00 - 7:00pm</p> |
| <p align="center">Under 13 AA Boys - 2004 (Raymond) Wednesday, April 5th 6:00 - 7:30pm Tuesday, April 11th 6:00-7:00pm</p> | <p align="center">Under 15 AAA/AA Girls - 2002/03 (Raymond) Monday, April 3rd 7:30 - 9:00pm Monday, April 10th 7:00 - 8:30pm</p> |
| <p align="center">Under 15 AAA Boys - 2002/03 (Raymond) Wednesday, April 5th 7:30 - 9:00pm Tuesday, April 11th 7:00 - 8:00pm</p> | <p align="center">Under 17 AAA Girls - 2000/01 (Raymond) Monday, April 3rd 7:30 - 9:00pm Wednesday, April 12th 7:00 - 8:00pm</p> |
| <p align="center">Under 17 AAA Boys - 2000/01 (Raymond) Wednesday, April 5th 7:30 - 9:00pm Thursday, April 13th 7:00 - 8:00pm</p> | |

ADHD Information Session

For adults supporting children with ADHD, have a diagnosis themselves, or those would like to learn more about ADHD. Participants will come away with a better understanding about ADHD as well as information about programs & resources to help better manage ADHD

When: Tuesday April 25th, 2017

6-8 pm

Where: Hants Community Hospital

Who: Jenna Benere, Psychologist, &
 Dr. Brian Burke, Psychiatrist

Room: Room 1A – next to the cafeteria

Cost: Free!!

*** While initial access to services at West Hants Community Mental Health remains the same, additional comprehensive ADHD assessments will not be scheduled until parent(s)/guardian(s) attend an ADHD information session***

For more information contact West Hants Community Mental Health at
 (902) 792-2042



We are excited to announce the dates for our fifth Mental Health Academy. Please join us this July 20th - 21st in Halifax at the Bella Rose Theatre for a two-day, professional development opportunity focusing on adolescent mental health, highlighting evidence-based research and programs.

The signature TeenMentalHealth.Org event will feature dynamic leaders in the field of adolescent mental health. The keynotes and break-out sessions will cover the latest information on adolescent brain development, school staff self-care, what to do after a tragic death, Anxiety, Depression, Eating Disorders, ADHD and more. The Academy provides the knowledge, understanding and tools you need to better support students dealing with mental health challenges.

Please visit our website <https://www.mentalhealthacademy.ca/> to find out how you can register and for more information on this year's program.

We look forward to seeing you at the Mental Health Academy 2017!

VALLEY BULLDOGS RFC ROOKIE RUGBY

CONTACT: VALLEYBULLDOGSRFC@GMAIL.COM

AGES: 4-13

LOCATION: TBA

DATES: JULY-AUGUST, SPECIFICS TBD

WEBSITE: WWW.VALLEYBULLDOGSRUGBY.CLUB

Mini Rugby is a fun, non-contact way to introduce the game of rugby to kids. Our program draws upon fundamental movement skills and the principles of long term athlete development to promote physical activity for life! Valley Bulldogs Rugby Football Club



FOOTBALL CAMP

Come join The Acadia Axemen players and coaches for Flag Football fun this spring bring your friends and make some new ones!

Where: Raymond Field Acadia University

When: Wednesday 6-8pm Sunday 1-3pm

Who: Boys and Girls age 6 to 15

Starts: 23 April 2017

Cost: Only \$100 for 8 weeks of fun and exercise with your friends

No experience required this is a non-contact introduction to basic football skills with an emphasis on fun and hard work.

Wednesdays will be game nights all flag no contact.

Register on the first day at Acadia Raymond Field