

# Grade 7&8 West Hants Middle School Supply List



- 1000 sheets of Loose Leaf
- 3- 2” Binders
- 1- 1” Binder (Healthy Living)
- 2 pks Dividers
- 2 pks graph paper
- 1 pk Hillroy Scribblers (no coils)
- 100 pencils
- 5 white erasers
- Personal pencil sharpener with shaving case
- Pencil Case
- 30 cm Ruler
- Basic Calculator
- 24 pk Colored Pencils
- 8 pk of markers (optional)
- 2 Fine Tip Sharpie Markers
- 5 Glue Sticks
- Scissors
- 5 pocket folder duotangs- variety of colors
- 3 Highlighters different colors
- French/English Dictionary (Collins) - Immersion and Integrated
- Box of Kleenex

## Art Students

- Drawing Pencils
- Sketchbook
- 2 Fine Tip Sharpies Marker Black
- 2 Ultra Fine Tip Permanent Sharpie Black
- Plastic Pocket Folder for Portfolio

## Phys ED

- gym clothes
- athletic sneakers,
- drawstring bag

## Grade 7 Family Studies Supply List

The following projects are suitable for grade 7 students. Patterns for these projects will be supplied by the Family Studies Department. Students are responsible for purchasing the fabric and supplies for their project if they choose a project from Group A. Fabric and supplies are provided for projects selected from Group B. Supplies will be needed in Family Studies during the school year. Students will take Family Studies during either first half or second half of the year.

**Choices:** Choose 1 from **Group A** or 2 from **Group B**

### Group A

- 1. Pull-on Boxer Shorts – with elasticize waistline and side seam pockets.**  
Supplies needed: Fabric – 1.5m if fabric is 115 cm wide or 1.0m if fabric is 150 cm wide;Elastic – 2.5cm wide, enough for waist measurement + 5cm.
- 2. Sleeping Pants – Loose fitting, elastic or drawstring wait.**  
Supplies needed: Fabric – 3 meters if fabric is 115 cm wide or 2.3 m if fabric is 150 cm wide; Elastic – 2.5 cm enough for waist measurement + 5 cm
- 3. Giant Lizard**  
Supplies needed: Fabric – two pieces of fabric – each 1.3 m; Polyester stuffing – 2 bags; two large buttons for eyes.
- 4. Fleeces Blanket with Applique**  
Supplies needed: Fabric – two pieces of 1.5 m outerwear fleece (one print and one solid if desires).

### Group B

- 1. Stuffed Frog**  
Supplies needed: Fabric – 50cm x 75cm print fabric (top of body), 50cm x 75cm solid fabric (underside); 2 buttons for the eyes; Polyester stuffing – one half bag.
- 2. Stuffed Lizard (baby) –**  
Supplies needed: same supplies required as for the Stuffed Frog.
- 3. Bigfoot Pillow**  
Supplies needed: Fabric – one-half a meter of 150cm wide velux or polar fleece and matching thread; Polyester stuffing – 2 bags.
- 4. Football Pillow – may include an appliqué.**  
Supplies needed: 0.6m of fabric (can alternate colors – 0.3m each); Polyester stuffing – 1 bag
- 5. Mittens**  
Supplies needed: Fabric – outerwear fleece – 1/3 m; Elastic – 1/3 m of 3/8” wide
- 6. Retro Tote Bag**  
Supplies needed: Fabric – 50 x 80 cm of outer fabric, 50 x 80 cm of lining fabric; Fusible interfacing – 50 x 80 cm; Optional embellishments – beaded trim, vinyl to create outside pocket, etc.