

CANTEEN MENU



AVAILABLE EVERDAY

DAILY LUNCH SPECIALS

SNACKS

Muffins	\$ 1.50
Mini Carrot Muffins	\$.50
Apple/Oranges	\$.50
Watermelon (when available)	\$ 1.00
Grapes (when available)	\$ 1.50
Carrots & Dip	\$ 1.00
Dill Pickle	\$ 1.00
Welsh's Fruit Snack	\$ 2.00
Yogurt Parfait	\$ 2.00
Cream Cheese Bagel	\$ 2.50
Soft Pretzel with Pizza Sauce	\$ 2.00
Bread Stick-butter or pizza saud	ce \$ 1.25
Baked Chips \$1	.50/\$ 2.00
Cheese & Crackers	\$ 1.00

\$.25

\$ 2.00

\$ 1.00

DRINKS

Sorbet

Fortune Cookies

Frozen Yogurt Tube

Small Milk	\$.40
Large Milk	\$.80
Small Chocolate Milk	\$ 1.50
Large Chocolate Milk	\$ 2.50
Juice Box	\$ 1.00
Juice Cans	\$ 2.00
Water	\$ 1.00

Strawberry/Lemonade Squeeze Up\$ 2.00



It is not necessary to pre-order your lunch but students are encouraged to do so as some items are only available while quantities last. Pre-ordering must be done before 9:00 am. If you would like to make arrangements to prepay for your child's lunches, please contact the school at 902-757-4118 as this option is available. Thanks!

MONDAY

"Shirley's Pepperoni Pizza	\$ 3.50/slice
or Combo Pizza & Juice	\$ 5.00
Caesar Salad	\$ 3.00
Sandwiches	\$ 3.50
Wraps	\$ 3.00

TUESDAY

Chicken Fried Rice	\$ 3.00
or Combo Rice & Chocolate Milk	\$ 5.00
Chicken & Gravy Burgers	\$ 3.00
Sandwiches	\$ 3.50
Wraps	\$ 3.00

WEDNESDAY

Pasta Day	\$3.50 /with gai	rlic stick \$4.00
Chicken Nu	ggets (6)	\$ 3.00
with sauce (s	sweet & sour/ B	BQ or ketchup)
Sandwiches		\$ 3.50
Wraps		\$ 3.00

THURSDAY

Sloppy Joes	\$ 3.00
Chicken Fried Rice	\$ 3.00
or Combo Rice & Chocolate Milk	\$ 5.00
Chicken Caesar Salad	\$ 3.50
Sandwiches	\$ 3.50
Wraps	\$ 3.00

FRIDAY

Variety Day (Announcement - on Thursday mornings)

